Make a list of the topics you need to know about for your exams in the first column. Then put today's date in the first 'How well do I know this?' column, plus two dates in the future when you intend to review your exam preparation.

Colour code the rectangles to show how well you know each topic –

- **Red** for 'I know nothing!'
- **Orange** for 'I know a little about this'
- **Green** for 'It's my area of expertise!'

Topic	How well do I know this?		
	Date	Date	Date